

Cara Penggunaan Anthropometric Data NIOSH

Taip: www.anthropometric.com.my
> Enter

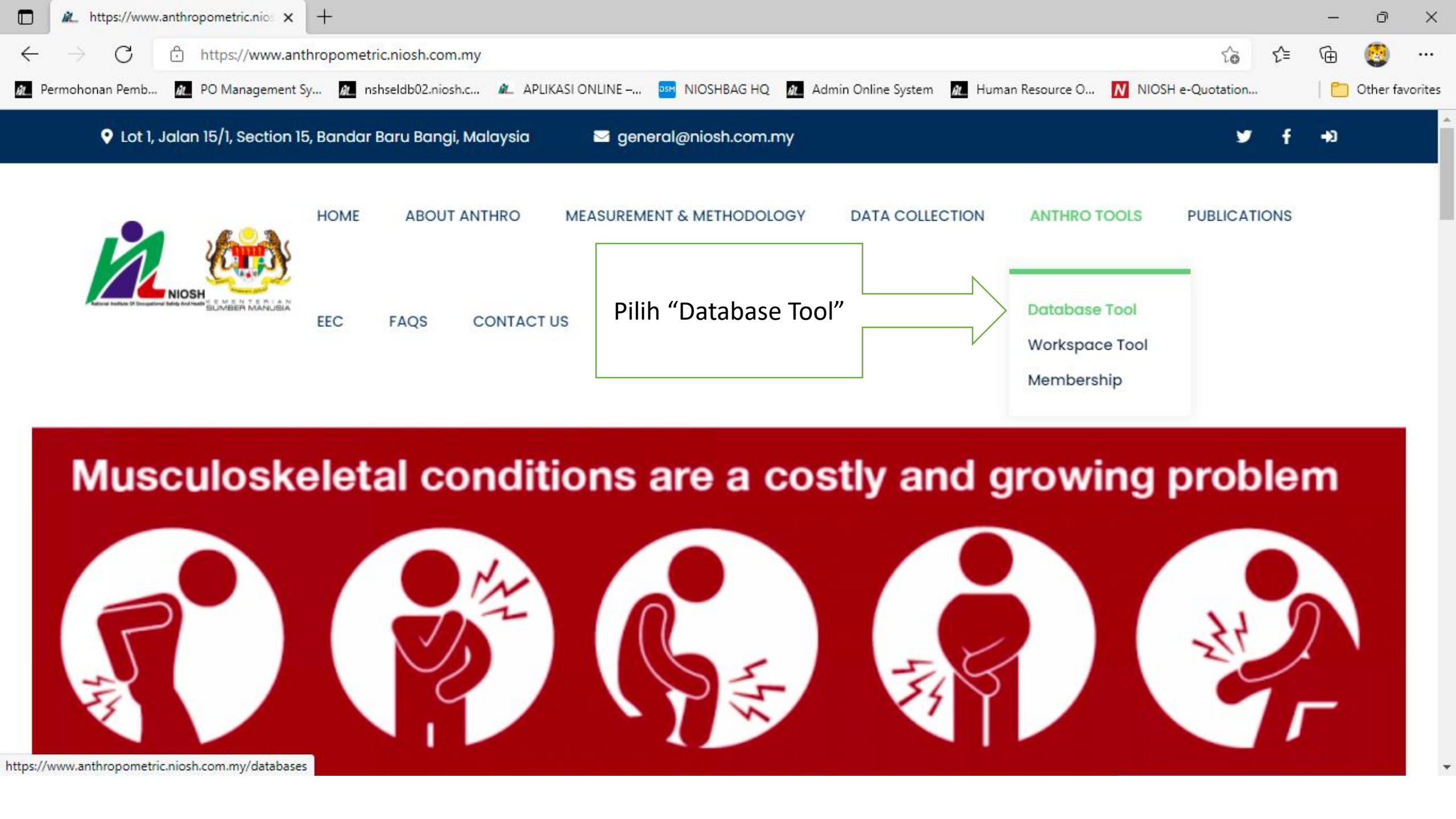
MEASUREMENT & METHODOLOGY DATA COLLECTION ANTHRO TOOLS PUBLICATIONS



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Musculoskeletal conditions are a costly and growing problem





Pilih "Database Tool"

- Database Tool
- Workspace Tool
- Membership

Musculoskeletal conditions are a costly and growing problem



Population:

2015 2020

Age:

< 19 20-29 30-39 40-49 50-59 60-69

Gender:

Male Female

Type:

Dimension:

Vertical grip reach Fingertip reach height Stature Eye height Shoulder height
 Armpit height Axilla Elbow height Hip height Knuckle height Fingertip height
 Tibial height Biacromial Bideltoid ElbowSpan ArmSpan Grip reach
 Standing hip breadth Chest depth

Tandakan

- o Tahun: 2020
- o Age: 30-39
- o Gender: Male
- o Type: Standing
- o Klik Calculate



CALCULATE

Result:

Population		Male, 30-39, Standing			
Measure	Mean	Standard deviation	5th Percentile	50th Percentile	95th Percentile
Vertical Grip Reach	199.96	8.36	186.20	199.96	213.71

Download PDF result

Download

- o Jadual menunjukkan keputusan bagi dimensi yang dipilih
- o Tekan "Download" untuk muat turun keputusan yang dipilih



Print dialog box overlaid on a web browser window. The browser address bar shows <https://www.anthropometric.niosh.com.my/databases>. The print dialog includes settings for printer, copies, pages, and color. A red arrow points to the printer selection dropdown menu.

Print dialog settings:

- Printer: Microsoft Print to PDF
- Copies: 1
- Pages: All
- Color: Color

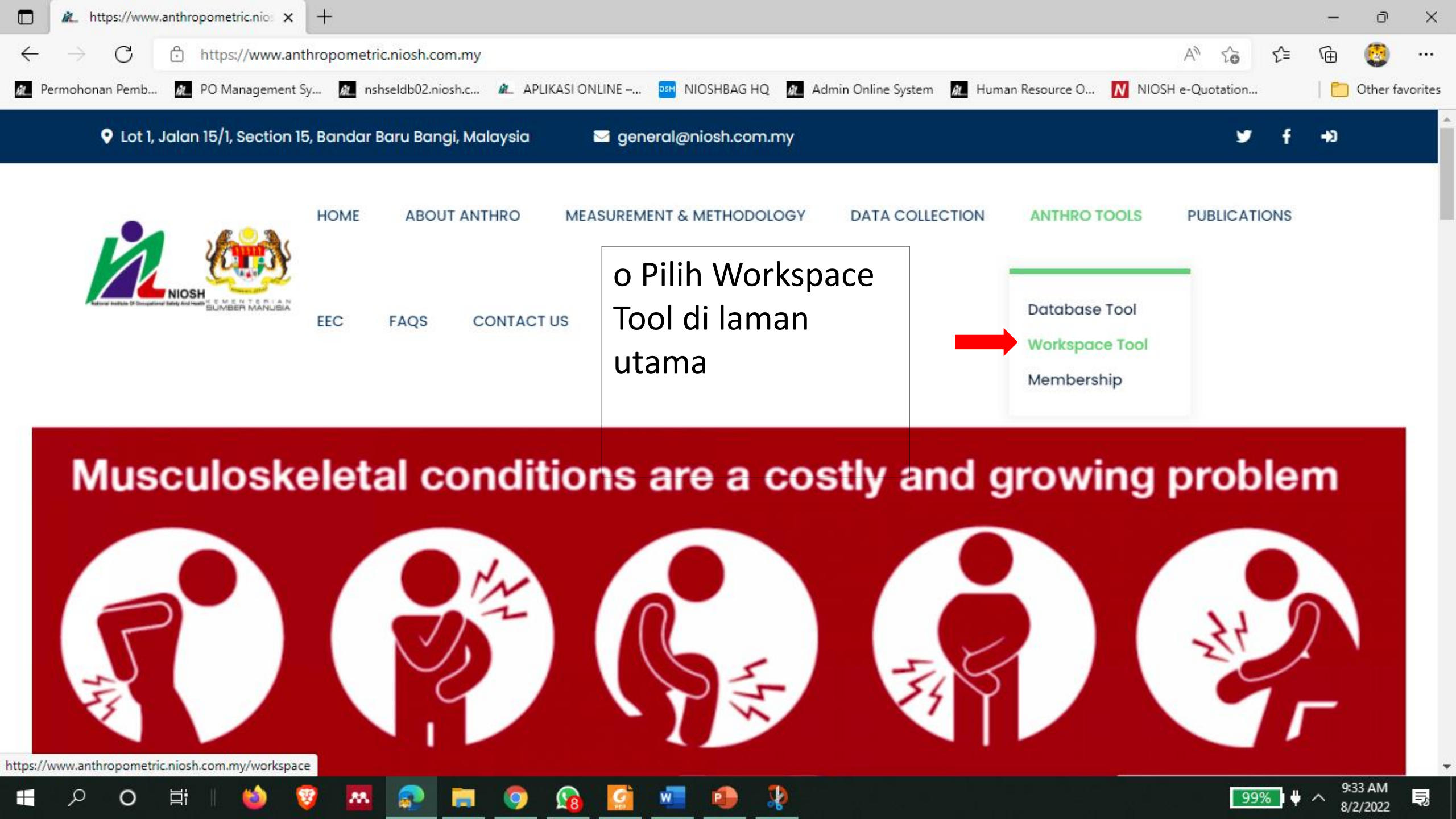
Background page content:

2020. The values displayed when you select specific dimensions for your design purpose. Always refer to any ergonomist from NIOSH for any questions.

Population	Male, 30-39, Standing				
Measure	Mean	Standard deviation	5th Percentile	50th Percentile	95th Percentile
Vertical Grip Reach	199.96	8.36	186.20	199.96	213.71

Pilih Microsoft Print to PDF untuk Simpan fail di komputer anda

Cara Penggunaan Workspace Tool



o Pilih Workspace Tool di laman utama



- Database Tool
- Workspace Tool
- Membership

Musculoskeletal conditions are a costly and growing problem



https://www.anthropometric.niosh.com.my/workspace

The NIOSH Anthropometric Workspace tool makes it easy to compare anthropometric data from from several studies available and to automate statistical calculations.

Simply choose your age, gender and height for optimum comfort while sitting or standing. Values are rounded to the nearest whole number.

Age:

< 19 20-29 30-39 40-49 50-59 60-69

Gender:

Male Female

Height:

152 155 158 162 165 168 171 174 177 180 183
 186 189 192 195

CALCULATE

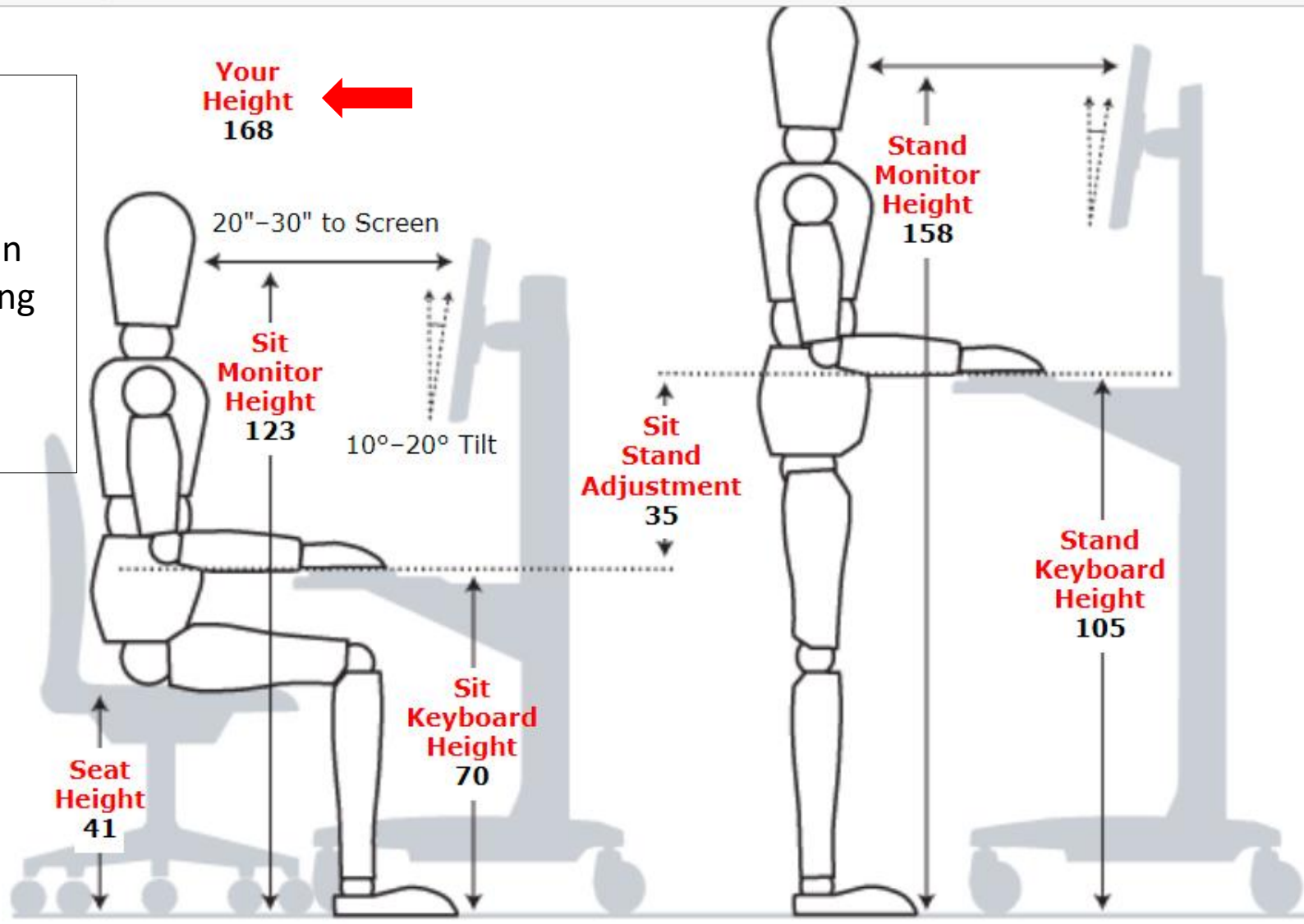
Result:

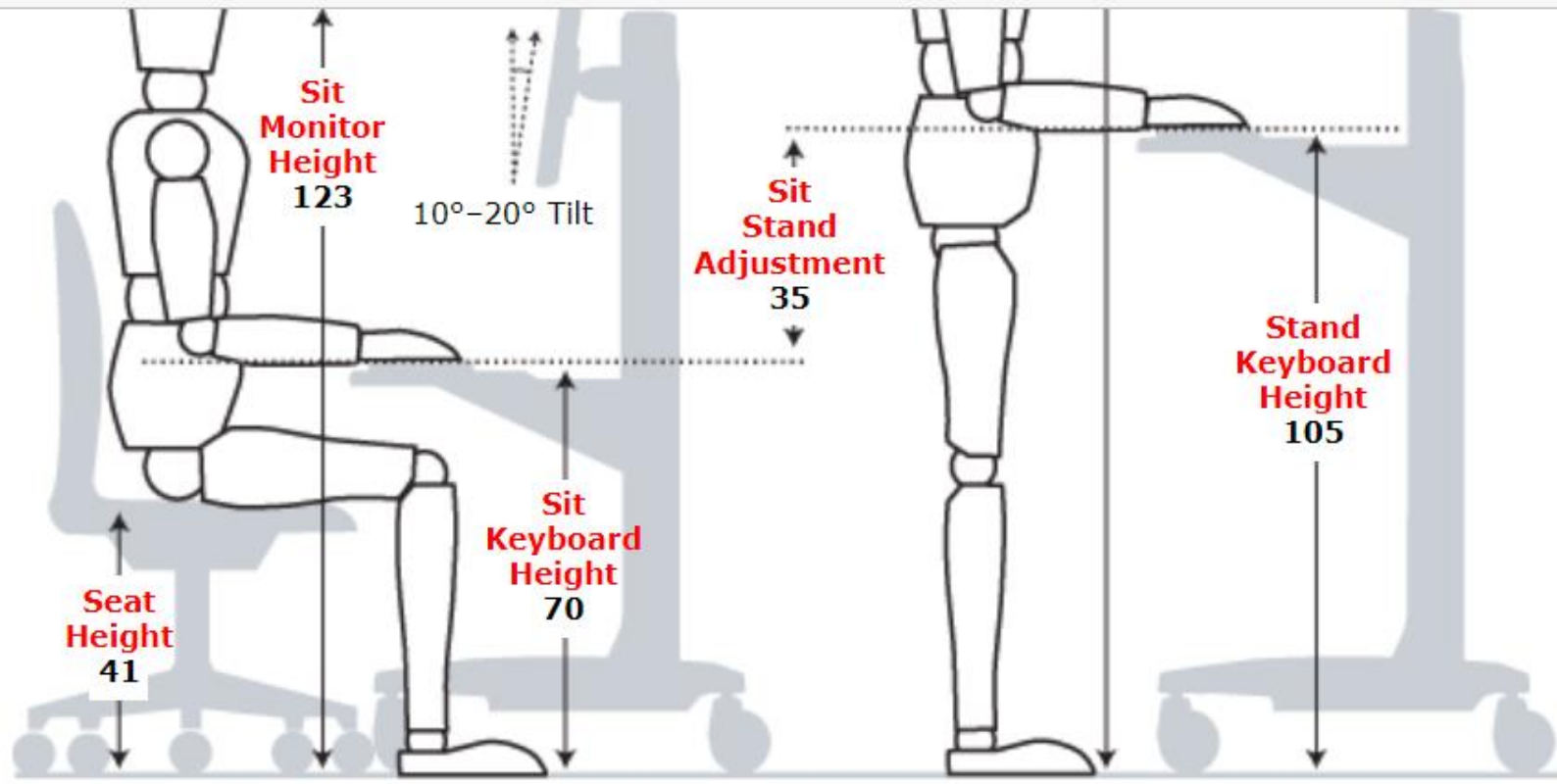
o Pilih umur
o Pilih jantina
o Pilih tinggi terdekat didalam sentimeter (cm)
o Tekan Calculate



o Selepas anda klik Calculate

o Laman web akan memaparkan cadangan tinggi tempat kerja yang bersesuaian dengan tinggi anda didalam sentimeter (cm)





Download PDF result

o Klik Download untuk muat turun keputusan anda



Terima Kasih