



COURSE TITLE : OSH for Construction Personnel
COURSE DURATION : 3-day(s) / 21.00-hour(s) **COURSE CODE** : OCP
COURSE CATEGORY : Non-Competency **COURSE LEVEL** : Basic
HRD CORP SCHEME : Claimable
COURSE FEE : RM1,296.00 (inclusive of 8% SST)

1. OBJECTIVE(S):

At the end of the course, the participant will be able to:

- i. Enhance knowledge and awareness on occupational safety & health of good practices in the construction activities.
- ii. List down legal requirement pertaining to OSH for construction activities.
- iii. Manage OSH for construction activities.

2. TARGET GROUP(S):

- i. Project Management Team (Managers/ Executives).
- ii. Safety and Health Officers.
- iii. Site Safety Supervisors.
- iv. Site Supervisors.
- v. Safety and Health Committee members.
- vi. Project Consultant.
- vii. Sub-Contractor.
- viii. OSH practitioners.

3. ENTRY REQUIREMENT(S):

- i. None.

4. TOPIC(S):

- i. OSH Awareness.
- ii. Legislation.
- iii. Preconstruction & Arrangement.
- iv. OSH Policy.
- v. HIRARC.
- vi. OSH Plan.
- vii. Site Planning, Statutory Requirements & General Site Rules.
- viii. Safe Work Practices.
- ix. Consultation & Communication.
- x. Documentation.



xi. Control & Monitoring.

5. LIST OF REFERENCE BOOK(S):

- i. Occupational Safety and Health Act 1994 and Its Regulations.
- ii. Factories and Machinery Act (FMA) 1967 and Its Regulations.

6. LIST OF TEACHING AID(S):

- i. LCD projector.
- ii. Computer.
- iii. White board with accessories.
- iv. Flip chart with accessories.
- v. DVD player & audio speaker.
- vi. Forklift model.

7. LIST OF CLASSROOM ACTIVITIES:

- i. Lecture.
- ii. Discussion.

COURSE TITLE: OSH FOR CONSTRUCTION PERSONNEL

DAY ONE

TIME	HOUR	TOPIC	TRAINER / FACILITATOR
0800 - 0830	0.50	Registration	NIOSH
0830 - 0900	0.50	1.1 Introduction to the Course	
0900 - 0930	0.50	1.2 OSH Awareness	
0930 - 1030	1.00	1.3 Legislation	
1030 - 1045	0.25	MORNING TEA BREAK	
1045 - 1245	2.00	Continuation	
1245 - 1400	1.25	LUNCH	
1400 - 1500	1.00	Continuation	
1500 - 1515	0.25	AFTERNOON TEA BREAK	
1515 - 1700	1.75	Continuation	
	6.75	END OF DAY ONE	

DAY TWO

TIME	HOUR	TOPIC	TRAINER / FACILITATOR
0830 - 1030	2.00	2.1 Preconstruction & Arrangement	
1030 - 1045	0.25	MORNING TEA BREAK	
1045 - 1215	1.50	2.2 OSH Policy	
1215 - 1300	0.75	2.3 HIRARC	
1300 - 1400	1.00	LUNCH	
1400 - 1445	0.75	Continuation	
1445 - 1545	1.00	2.4 OSH Plan	
1545 - 1600	0.25	AFTERNOON TEA BREAK	
1600 - 1730	1.50	2.5 Site Planning	
	7.50	END OF DAY TWO	

DAY THREE

TIME	HOUR	TOPIC	TRAINER / FACILITATOR
0900 - 1030	1.50	3.1 Safe Work Practices	
1030 - 1045	0.25	MORNING TEA BREAK	
1045 - 1245	2.00	3.2 Consultation & Communication	
1245 - 1400	1.25	LUNCH	
1400 - 1600	2.00	3.3 Documentation	
1600- 1615	0.25	AFTERNOON TEA BREAK	
1615 - 1730	1.25	3.4 Control & Monitoring	
	6.75	END OF THE COURSE	